

# **Supervision Course March 2020**



Mandala by Gaudi. Parc Güell, Barcelona

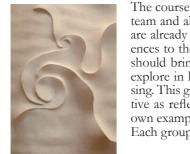
**Postgraduate Programme in Supervision** *Organized by DSAP and the Jung Institute, Copenhagen* 

# Postgraduate Program in Psychotherapy Supervision The DSAP Certificate and Diploma in Supervision Friday March 27 - Sunday March 29, 2020

The C.G. Jung Institute in Copenhagen and the Danish Society for Analytical Psychology (DSAP) invite to

## Moments of Complexity in Supervision

This 2 1/2 days course from Friday, March 27 at 10:00 am to Sunday, March 29 at 13:45 pm is the second supervisor course organized by DSAP and the Jung Institute in Copenhagen. Like the first course in 2016 this course will be informed by a psychodynamic approach including theoretical and clinical aspects of analytical psychology and will combine the theory and practice of clinical supervision.



The course will be organized into theme-based sessions led by the staff team and also small group work. In the small groups, participants who are already supervising are encouraged to bring their cases and experiences to the group. Others, who may not yet have begun to supervise, should bring their own therapy/analytic cases to the group so we can explore in live supervision, different styles and approaches to supervising. This gives the whole course an interactive and experiential perspective as reflected in the title. Participants are encouraged to bring their own examples of moments of complexity from their supervisory work. Each group will be led by one of the group leaders.

We welcome participants who are trained as psychotherapists and/or Jungian psychoanalysts and have worked in clinical practice for at least two to three years. We welcome also those therapists and analysts who have begun to supervise and would like to learn more. For those analysts who have trained at DSAP, this course is highly recommended for those who wish to become supervisors, especially for DSAP candidates.

#### Generally

The supervisor has a professional responsibility to facilitate the development of his/her supervisees, especially if they are in training. The supervision process can present challenges for the supervisor especially if supervisees are to be evaluated.

The course will circle around the following themes:

- Boundaries in supervision
- Ethical issues in supervision
- Working with difficult supervisees
- Complex moments in group supervision
- Personal challenges for the developing supervisor
  - Contrasting styles of working with beginners and experienced supervisors
- Thinking about the relationship between support, challenge and teaching in supervision; the need for flexibility
- The challenge of supervising in organisations
- Exploring the difference between psychotherapy practice and the practice of supervision

## Programme Friday, March 27

# Theme of the day: Becoming a supervisor:

10:00 - 10:30 Welcome and Introductions.

10:30 – 11:30 Dialogue between Jan Wiener and Catherine Crowther 'What is the nature of supervision?

11:30 - 12:00 Coffee/tea



**12:00 – 13:30** Presentation by Jan Wiener 'The supervisory relationship as a matrix'

13:30 - 14:30 Lunch

**14:30 – 15:30** Presentation by Gunilla Midboe 'Supervision in groups'

**15:30 – 15:45** Coffee/tea

**15:45 - 17:15** Supervision in small groups. Close.

# Saturday, March 28

#### Theme of the day: The supervisory space

**10:00 – 11:00** Presentation by Christel Bormann 'Boundaries in Supervision'.

11:00 - 11:30 Coffee/tea

11:30 – 13:30 Two supervision masterclasses with Gunilla Midboe and Catherine Crowther 13:30 – 14:30 Lunch

**14:30 - 15:45** Presentation by Catherine Crowther 'Ethical dilemmas in supervision'

**15:45 – 16:00** Coffee/Tea

**16:00 – 17:30** Supervision in small groups. Close.







### Sunday, March 29

#### Theme of the day: The challenge of supervision in organisations

**10:00 – 11:00** Dialogue between Christel Bormann and Gunilla Midboe 'Supervising in organisations'

**11:00 – 11:30** Coffee/Tea

11:30 – 13:00 Supervision in small groups

**13:00 – 13:45** Plenary – reflection from the whole group of the course. Next steps?

13:45 – Close with Lunch and farewells.



The pictures on page 2 and 3 are of works by Gaudi in Parc Güell, Barcelona

#### Presenters and group leaders



Catherine Crowther is a Training Analyst and supervisor at the Society of Analytical Psychology (SAP) and has a private practice in London. She teaches and supervises in the UK and abroad. Together with Jan Wiener she

organised a programme of academic and clinical teaching in Russia, 1996-2010. She is the author of numerous chapters and papers. Together with Jan Wiener, she edited: From Tradition to Innovation: Jungian Analysts Working in Different Cultural Settings.



Jan Wiener is a Training Analyst and supervisor at the Society of Analytical Psychology (SAP) and has a private practice in London. She is currently Director of Training at the SAP. Together with Catherine Crowther, she organ-

ised a programme of academic and clinical teaching in Russia, 1996-2010. She has taught internationally for many years and is the author of numerous chapters, articles and books.



Christel Bormann is an M.D., specialist in Psychotherapy and supervision, Jungian Analyst DSAP / IAAP and a trained supervisor from The Danish Society for Psychoanalytic Psychotherapy. Member of the board in the Danish Country of the Psychotherapy.

ish Society for Analytical Psychology. Christel has a privale practice in Aarhus and Herning.



Gunilla Midboe is a Training Analyst and supervisor at the C.G. Jung Institute, Copenhagen and has a private practice in Stockholm, Sweden. She is a member of the Training Committee at the C.G. Jung Institute in Copenhagen. Her recent book: Elliptical

Dialogue A Communications Model for Psychotherapy was published in 2017.



Misser Berg is a Training Analyst and supervisor at the C.G. Jung Institute, Copenhagen and has a private practice in Allerod, North of Copenhagen.

She is a member of the C.G. Jung Institute, Copenhagen. In addition she is President-Elect of the

International Association for Analytical Psychology (IAAP).

#### **Practical Information**

The Supervision Course takes place in

#### Hvidehus,

Valbygaardsvej 64A, 2500 Valby. Tel. 2485 0148 or 5070 5226 email: <u>info@hvidehus.com</u> <u>http://hvidehus.com/</u>



Hvidehus, seminar-room

Members of DSAP and IAAP can participate in the Supervision Course for a Member Fee. Individual Members of IAAP from Developing Groups and Group Members in Central and Eastern Europe can attend for a special fee.

Fee incl. lunch, coffee and fruit/cake each day, in all:

Members: DKK 3.500 (EUR 470) Guests: DKK 4.000 (EUR 535) IMs etc.: DKK 1.500 (EUR 200)

Registration is binding and must be done via email to <a href="mailto:adm@cg-jung.dk">adm@cg-jung.dk</a> incl. information about name and possible membership and simultaneous banktransfer to

Danske Bank

Reg. no. 1551, Account no. 1594907 IBAN: DK4630000001594907 BIC/Swift: DABADKKK

Please note: "Supervision" and your name.

If you need an electronic receipt, please note this when you register and please send the name and address of the working-place, EAN-number and reference to <a href="mailto:adm@cg-jung.dk">adm@cg-jung.dk</a>

#### Registration must be before March 1, 2020.

Seats are limited. In case of overbooking message will be sent and payment returned to the persons concerned. For further information contact <a href="mailto:adm@cg-jung.dk">adm@cg-jung.dk</a>