**”SOCIAL DREAMING MATRIX”**

Workshop 7. og 8. oktober, 2016

ved **Gila Ofe**r, psyko-og gruppeanalytiker, Tel Aviv, Israel

IGA-CPH organizes a workshop on ”Social Dreamig”. We have invited Dr. Gila Ofer, who is a psychoanalyst and a group analyst from Israel. She has long experience with Social Dream Matrix.(SDM). SDM is dream work in clinical settings, but at the same time it is also about gaining personal insight-

Social Dreaming Matrix is a method of working with dreams that are shared and associated to within a gathering of people, coming together for this purpose. There is a different kind of relation between the dream and dreamer to that explored in psychoanalysis: a relation not so much between different aspects or experiences of the self, as between the self and the “Other”, where the dreamer gives voice to the dream that is in him or her but not just of him or her.

Members are invited to share and associate to their dreams and to explore their possible social meanings. This task should focus on the work, without regard to group processes. It is a gathering of participants committed to sharing their dreams. The SDM acts as a “container” within which human potential can be brought into focus and put to work through communication of dreams within a social context. The dream here is the “Other”, something wider than a personal construct, giving voice to an experience that is not of oneself alone.

Gila Ofer will lead both the SDM and the reflection work.

The workshop will be held in English – in a easy understandable way.

**Program**

|  |  |
| --- | --- |
| **Fredag d. 7.oktober.**  12.00 – 13.00 Presentation on  SDM background & method.  13.00 – 13.15 Kaffe  13.15- 14.45 Social Dreaming Matrix.  14.45- 14.55 pause  14.55 – 15.25 (Reflection) | **Lørdag d. 8.oktober.**  9.00 – 10.30 SDM  10.30 – 11.00 Refleksion  11.00 – 11.15 Kaffe, vand, frugt og sandwich .  11.20 – 12.50 SDM  12.50 – 13.00 pause  13.00 – 13.45 Reflection and ending) |

**STED**: Psykiatrifonden, Hejrevej 43 3. sal, 2400 NV.

**PRIS**: Kr. 500,- . Beløbet indbetales på **reg,nr. 5501 –konto 8070211614** ved tilmelding.

**Tilmelding** til [iga@iga-kbh.dk](mailto:iga@iga-kbh.dk) senest d. 10.september - max antal deltagere 40.

Du vil modtage en bekræftelse, samt en artikel om SDM

Gila Ofer, Ph.D. is a clinical psychologist, training psychoanalyst and group analyst. She is a founding member and past President of Tel-Aviv Institute of Contemporary Psychoanalysis (TAICP) and a founding member of the Israeli Institute of Group Analysis (IIGA). She is a lecturer and supervisor in the Program of Psychoanalytic Psychotherapy at Tel-Aviv University and is on the faculty of TAICP, IIGA, and of the Chicago Center of Psychoanalysis. She is also convening training in group analysis in Istanbul and in Bucharest. Dr. Ofer is a joint member of the executive board, past chair of the group analytic section of the European Federation of Psychoanalytic Psychotherapy (EFPP), coordinator of Eastern European countries EFPP, and the editor of the EFPP Psychoanalytic Psychotherapy Review. She has published her work in leading journals and has presented her work and taught in Israel, Europe and the USA.