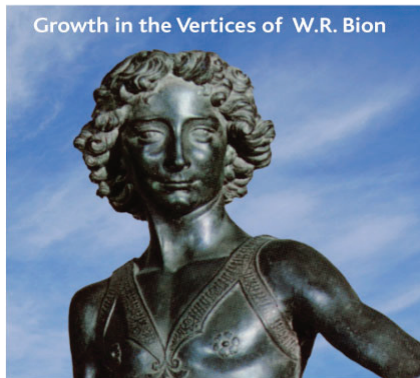


## ATTENTION AND CREATION

Growth in the Vertices of W.R. Bion



Fin Egenfeldt-Nielsen

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## ATTENTION AND CREATION GROWTH IN THE VERTICES OF W.R. BION

BY FIN EGENFELDT-NIELSEN  
TRANSLATED BY KAREN MACLEAN

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BIC CODE: Pschoanalysis and Psychoanalytic theory (JCAF)

This book has four main chapters. Chapter One is a brief introduction to Bion himself. The author assumes a certain degree of familiarity with his life and work, and has included only what he considers essential to understanding the work on which this book is centred.

Chapter Two is an explication of the main thesis, demonstrating how Bion articulates his theories and systems of the transformation of the immaterial elements which constitute the psyche.

Chapter Three elucidates views on therapeutic techniques, the author's and those of Bion. Touching on the routes available to those wishing to become therapists it also discusses the demands this may place on those in a position to help, be they teachers, supervisors or more experienced fellow therapists.

Chapter Four has two parts: the first outlines Bion's conceptual framework for the constitution, capture and systematisation of psychic space and the elements hereof; the second details a series of classic, mythical attempts at similar processes exemplified in the stories of Oedipus, Original Sin, Palinurus, and the Tower of Babel.

The implicit background of this book consists of the more optimistic approaches to creating mindforms that improve the conditions of humanity which derive from the legends of Christ and the Buddha and the experiences of mystics in both Eastern and Western cultures, as well as from psychoanalytic thought..

### Contents

- Chapter 1 Bion: Man and Mystic
- Chapter 2 Theory
- Chapter 3 Technique
- Chapter 4 Symbols, Models or Analogies
- Chapter 5 Conclusion

### About the Author

**Fin Egenfeldt-Nielsen** is a psychotherapist working in private practice in Troense and Copenhagen, Denmark. From 1987 to 1998 he trained as a Jungian analyst in London and Copenhagen. He studied psychology at the Open University in Roskilde between 1995 and 1996, earning a diploma in psychoanalysis in 2004 from the Psychotherapeutic Working Group on Funen. He has been a member of the Ethics Committee of the Danish Association for Psychotherapists (Psykoterapeut Foreningen) since 2000, and Chairman of the Board of the Educational Committee since 2008.